

**KY TEACH PROJECT**

KY Commission for Children with Special Health Care Needs  
982 Eastern Parkway  
Louisville, KY 40217

Lee Gordon  
Phone: 502-595-4459 x268  
1-800-232-1160 x268



**EMAIL US!**

**kytransition@aol.com**

*Do you need help finding resources or services in your area? Here's a website that can help:*

**www.kycares.net**

**Spring Scramble**

K F C W A S C S J Q S J I I F  
M Z S L K F U H G H S D R I B  
M S U C K M A Y O G V R E P T  
N H I T H H A W P A E U W I P  
A H S L M U E D Z R P S W V L  
C C W B P R S W C E R R U L Y  
V J T U S B U A T T D W I S C  
G J U N L S N K H S N Z G L B  
J N B N L D S K W A P D S B P  
H V I Y Y H H Q L E A D C J Q  
C X H R Y C I L Y P S F T U O  
S D W N P H N I A P A T B J B  
T Y M P R S E F A M I L Y Z H  
S R E W O L F T W R P A S P Z  
U S P B I E K E N Y C I P J F

APRIL  
CANDY  
EGGS  
SHOWERS  
BIRDS  
CHICKS

FAMILY  
SPRING  
BUNNY  
EASTER  
FLOWERS  
SUNSHINE



**Puppy Chow**

1 Stick of butter  
3/4 peanut butter, I use  
creamy  
3/4 cup chocolate chips  
5 cups of Chex mixed or (corn,  
wheat or rice)  
1 1/2 cups of powdered sugar



Melt butter, chocolate chips and peanut butter. Pour the cereal in the biggest bowl you have with a lid. Pour the mixture over the cereal, stirring and make sure everything is completely coated. Add confectioners sugar and cover with lid. Shake it until all is coated. Great for parties and get-togethers.

Submitted By: Billy Campbell



**Fruit Pizza**

1 can refrigerated sugar cookie  
dough.  
8 oz cream cheese  
1 large tub of cool whip or non-  
dairy whipped topping  
2 to 2 1/2 cups of Fresh fruit

Heat oven to 350 degrees F. Spread the cookie dough on a pizza pan and bake. When it comes out of the oven take a spoon and press the dough down flat. Cool completely.

In a bowl mix the cream cheese, powdered sugar and whipped cream. Spread on dough like the "sauce". Refrigerated about 10 minutes. Until firm. Arrange fruit on top. Refrigerate before serving.

Submitted By: Twila Patrick



If you would like to submit an article, a Picture, a joke or riddle, or recipe for the Next newsletter send it to: KY TEACH PROJECT, CCSHCN 982 Eastern Parkway Louisville, KY 40217



**“ The Secret To Success”**



**Thuy Ly  
Youth Editor**

**My Mentoring Day Experience**

My mentoring day experience took place at DJ/Nypro Inc. in October of 2002. My mentor was Linda Eversole, who is the secretary at the plant. It is one of the greatest places to work. They make parts for the vacuum cleaners, washers and few of other things. Wayne Sweasy is the manager at the plant and was a great man to work with. I used to worked there during the summer of 2002. I did various jobs from mopping floors, sorting parts, shorting mail and vacuuming.

When I graduate from Perry County Central High School, I hope to become a valuable member of the DJ/ Nypro family. While you are working you would forget about your disability and focus on your job. I would recommend that any young person should participate in a mentoring program.

I would like to thank the Commission for Children with Special Health Care Needs for letting me work there last summer and I would also like to thank Vana Francis; social worker from Perry County Central for all she has done for me.

Submitted by: Billy Campbell

**My Mentoring Day**

My name is Kayla Owens, I am a 16 years old student at Perry County Central High School. I am writing about my experience with participating in National Disability Mentoring Day in October of last year. I worked at the Commission for Children with Special Health Care Needs. I helped the Social Worker deliver papers and helped Kathy Sherman take children's heart rates. I also, helped Dr. Guindi check their ears. I really liked working there. It made me feel good and happy because it give me a chance to helped others. I got to meet a lot of people. If, I could I would like to work there again.

Submitted by: Kayla Owens

**CCSHCN**

**Spring 2003**

**Kentucky  
Commission for CSHCN  
Regional Offices and  
Phone Numbers:**

**Ashland**  
800-650-1329  
**Barbourville**  
800-348-4279

**Bowling Green**  
800-843-5877  
**Edgewood**  
888-542-4453

**Elizabethtown**  
800-995-6982  
**Hazard**  
800-378-3357

**Hopkinsville**  
800-727-9903  
**Lexington**  
800-817-3874

**Louisville**  
800-232-1160  
**Morehead**  
800-928-3049

**Owensboro**  
877-687-7038  
**Paducah**  
800-443-3651

**Prestonsburg**  
800-594-7058  
**Somerset**  
800-525-4279



## How to Make Wax Dipped Bears...



### Always have ADULT supervision while doing this project.

Waxed Teddy Bears are one of the hottest new craft trends around! They make great gifts, addition to gift baskets, and they sell great in gift shops! Just set these loveable critters on a non-staining surface in your home, and enjoy the fragrances in the air when you walk by them! These bear air fresheners work great in bathrooms, kids rooms, offices, etc!

The perfect gift for House Warming, Valentine's Day, Baby Showers, Birthdays or any holiday!

\* Tip: 1 pound of wax will do approx. one larger bear or two smaller bears.

### The "Bear" Necessities:

- \* Stuffed Teddy Bear or other animal
- \* 1 lb. Pillar or Hurricane Wax
- \* 1.5 oz fragrance oil
- \* Presto Pot or large stock pot
- \* Thick Rubber Gloves with Lining
- \* Drying Rack
- \* Large Tooth Comb or fork
- \* Small Doll Stand
- \* Tongs



### Be very careful when doing these next few steps the pot of wax is very hot.

Melt wax in the Presto Pot or stock pot to about 170-190 degrees. With white or light colored bears no dye is require, but on darker bears you may want to add dye to match the color.

This will cut down on the white wax "dandruff" later. Add your fragrance, and stir. Next, dip the bear (use tongs to dip and roll him in the wax), pull him out and squeeze out a bit of comb: "I have a hook in my ceiling directly above the pot, with a chain hanging down, with a big clamp on the end. I clamp the ear of the teddy and do my combing. It is so much easier to comb when it's hanging, rather than laying."

## How to Make Wax Dipped Bears...Cont.



She then puts the teddy on a doll stand (small sized) with the clamp of the stand around the neck. This helps keep the bear from falling over while you're posing him, and allows you to position him just the way you want him to look (head tilted, etc).

### Bear Tips:

- Jointed the bears seem to work best, but any sitting bear will do.
- Also, the longer haired bears work better for fluffing than short hairs.
- The most common sizes used are from 6" to about 10".
- Better quality bears will hold up better to hot wax... some cheaper glued bears can fall apart, so keep this in mind when bear shopping, and when melting your wax! Our BC bears are high quality bears that hold up to temps up to 190 with no problem.
- You can dip other types of stuffed animals besides bears too!
- Average 6-10" bears sell for anywhere from \$15.00 to \$30.00 retail!
- Pre warn customers that the bears will naturally lose scent over time, and that since they sit at room temperature, naturally they cannot "throw" scent as well as a potpourri burner or similar. They will need to refresh their bear every few weeks or so. You can even sell bottles of refresher oil for them to sprinkle on their bear when they're warming him with their blow dryer!

### Bear Care:

- Do not set waxed bears on wood surfaces as the oils in the wax can stain the wood!
- These are not toys, keep out of the reach of children!
- These are not candle and are not meant to be burned!
- To refresh your bear, simply use a blow dryer to heat him for approx. 1 min.

### **Happy Dippin'!**

Submitted By: Kathy Sherman

Adapted from <http://www.candlesupply.com/how2dipbears.html>